

## **New ILM Coaching & Mentoring Programmes**

No Guru are an approved provider for a full suite of coaching and mentoring skills programmes, leading to a recognised qualification from ILM. Since 2020 we have successfully delivered our coaching and mentoring programmes in an online format, providing access for learners across the UK and Internationally, and appealing to different learning styles.

### **ILM Level 5 Certificate (and Diploma) in Effective Coaching and Mentoring in September 2023 (proposed date).**

The level 5 is equivalent to a degree level course, and it is important to us that our learners not only have a great experience during the taught elements of the programme, but also that you receive every support in achieving your qualification.

We have provided programme outlines below which encompass:

- Virtual Sessions: in an evening class format over 12 sessions
- Guided self-learning activity via our Coaching Manual
- ILM Tutorial Sessions delivered online (monthly)
- ILM Community Supervision Sessions (quarterly)
- 1 hour observed coaching with feedback
- Individual booked sessions with course tutors
- Access to downloadable resources and coaching tools
- Access to ILM units, Coaching Journal and templates for ILM submissions
- Guidance from assessor

All our programme costings include:

- ILM registration
- Institute of Leadership & Management studying membership
- Assignment marking and feedback
- Certification on completion

Once you are registered you can take part in any webinar, ILM tutorial or supervision event we host and for a period of 12 months (18 months for Diploma).

Following this, you also have an option to continue as part of our ILM Community through a monthly subscription model. This will enable you to continue developing your coaching practice, keep up to date with coaching themes and receive support in attracting clients and developing potential revenue streams.

## ILM Level 5 Certificate (and Diploma) in Effective Coaching and Mentoring Programme Timetable

Module	Level 5	Comments
1	Welcome and Introduction to Coaching	12 <sup>th</sup> September 2023 19:00-21:00
2	Coaching Skills	26 <sup>th</sup> September 2023 19:00-21:00
3	ILM Kickstart Session	10 <sup>th</sup> October 2023 19:00-21:00
4	Coaching Ethics	24 <sup>th</sup> October 2023 19:00-21:00
5	Coaching Practice	14 <sup>th</sup> November 2023 19:00-21:00
6	Coaching Models	28 <sup>th</sup> November 2023 19:00-21:00
7	Coaching Tools 1	12 <sup>th</sup> December 2023 19:00-21:00
8	Developing Coaching Practice	9 <sup>th</sup> January 2023 19:00-21:00
9	Coaching Tools 2	23 <sup>rd</sup> January 2023 19:00-21:00
10	Self-Awareness in Coaching	13 <sup>th</sup> February 2023 19:00-21:00
11	Working with Language	27 <sup>th</sup> February 2023 19:00-21:00
12	Coaching with Preferences	12 <sup>th</sup> March 2023 19:00-21:00
GS	Group Supervisions online 'ILM Community'	Supervision and sharing of coaching practice. Held last Saturday in Jan, April, July and Oct 9:30-11:00 am
IS	Individual 1 hour observed practice & feedback	This can also be delivered by suitably qualified personnel in your network.
GT	Group Tutorials on ILM units	Monthly focus on assignments and portfolios to achieve your ILM qualification.
Aim	ILM Work Based Assignment: 8588 500 Understanding the Skills, Principles and Practice	Submission dates to be agreed

	of Effective Coaching & Mentoring within an Organisational Context	
Aim	ILM Work Based Assignment: 8588 501 Undertaking Effective Coaching or within an Organisational Context	Submission dates to be agreed
Aim	ILM Work Based Assignment: 8588 503 Reviewing own ability as Coach or Mentor within an Organisational Context	Submission dates to be agreed
Aim	(Diploma) ILM Work Based Assignment: 8588 502 Undertaking an Extended Period of Effective Coaching or Mentoring within an Organisational Context	Submission dates to be agreed

Note: The difference between Diploma and Certificate is insertion of Unit 502 (54 hours of applied coaching) instead of Unit 501 (18 hours of applied coaching). The criteria for these assignments differ in some areas.

To support this further supervision will be required: 1 supervision session to 20 hours of coaching approximately.

All dates are proposed dates at this stage and may be subject to change.

### Costs

Level 5 Certificate     £1875 plus vat

Level 5 Diploma        £2275 plus vat



## **How to apply**

Our application process is very simple via our standard application form which should give us enough information to assess your suitability to study at the right level.

We are very supportive in this and if there is any doubt, we can have a conversation based around your cv to enable you to make the decision.

Thank you for getting in touch and please get in touch if you need any more information or guidance.

John Drysdale

MD of No Guru ltd

Tel: 0844 873 1226

[John.drysdale@noguru.net](mailto:John.drysdale@noguru.net)

[www.noguru.net](http://www.noguru.net)