

ILM Level 5

Certificate and Diploma in Effective Coaching and Mentoring



Who are these qualifications for?

These qualifications are for managers and those with significant responsibility for effective coaching and mentoring as part of their daily role within an organisational context. They are also ideal for individuals who wish to move into a development role or start a career as a freelance coach or mentor.

Benefits for individuals

- Be able to assess your own skills, knowledge and behaviours as a coach and mentor
- Know how to manage the coaching or mentoring process within an organisational context
- Deepen your understanding of how the organisational context can affect coaching or mentoring
- Plan, deliver and review your coaching and mentoring
- Plan your future development in coaching or mentoring

Benefits for employers

- Ensure the individuals you develop as effective coaches and mentors are equipped with the skills, knowledge and understanding they require
- Develop a coaching and mentoring culture so that individuals can improve their performance and organisational productivity

Progression

This qualification will provide progression opportunities to other qualifications such as:

- ILM Level 5 Award, Certificate or Diploma in Leadership and Management
- ILM Level 7 Certificate or Diploma for Executive and Senior Level Coaches and Mentors
- ILM Level 7 Certificate or Diploma for Coaching Supervisors
- ILM Level 7 Award, Certificate or Diploma in Leadership and Management

Qualification overview

| Qualification title | Credit value | Total qualification time | Structure |
|---|--------------|--------------------------|---|
| Level 5 Certificate in Effective Coaching and Mentoring QAN: 603/3758/8 | 16 credits | 160 hours | <ul style="list-style-type: none"> ● Three mandatory units* ● One hour induction ● A minimum of three hours tutorial support |
| Level 5 Diploma in Effective Coaching and Mentoring QAN: 603/3759/X | 38 credits | 380 hours | <ul style="list-style-type: none"> ● Three mandatory units* ● One hour induction ● A minimum of three hours tutorial support |

*Refer to table below for unit details

Rules of combination

Certificate

- Three mandatory units, achieving 16 credits.

Diploma

- Three mandatory units, achieving 38 credits.

Overview of units

| Reference | Unit title | Level | CV* | GLH** | Mandatory*** |
|-----------|--|-------|-----|-------|--------------|
| 8588-500 | Understanding the Skills, Principles and Practice of Effective Coaching and Mentoring within an Organisational Context | 5 | 6 | 20 | C D |
| 8588-501 | Undertaking Effective Coaching or Mentoring within an Organisational Context | 5 | 5 | 12 | C |
| 8588-502 | Undertaking an Extended Period of Effective Coaching or Mentoring within an Organisational Context | 5 | 27 | 20 | D |
| 8588-503 | Reviewing Own Ability as a Coach or Mentor within an Organisational Context | 5 | 5 | 10 | C D |

*Credit value **Guided learning hours ***C=Certificate D=Diploma

Contact ILM

The ILM Customer Service Team is dedicated to providing the very best in customer care. If you need guidance on any aspect of leadership and management development, whether at an individual or organisational level, contact ILM.

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All ILM qualifications are awarded by the City and Guilds of London Institute, which was founded in 1878 and is incorporated by Royal Charter.

Learning resources

There is a range of materials available to support ILM qualifications through our online portal, Walled Garden, and the ILM website. Contact us to find out more.

Institute of Leadership & Management membership

All ILM learners receive a minimum of 12 months membership of the Institute of Leadership & Management, bringing access to a wealth of resources to support their leadership development.

Our ethos

Our qualifications combine innovative design with a strong focus on workplace performance. We believe this delivers well-rounded managers with a proven ability to perform to the required standards.